

CAPTAIN APPLICATION AND EXPECTATIONS

JR Lifeguards

Stipend: Up to a \$500.00 stipend. Determination will be based on an applicant's weekly assessment of their performance, attitude, and duties/responsibilities.

Dates: June 13th-July 15th

Monday-Friday 9:00am-2:45pm

Tryout date: April 16th 2016 at 12:00 at Mar Vista High School

IBJG Captain Duties and responsibilities:

- Work all scheduled days. Any days missed will be arranged 24 or more hours in advance with the IBJG Coordinator.
- Be on time every day.
- Have confidence in leading morning activities, such as stretching and attendance.
- Keep equipment neat, clean, and presentable at all times.
- Be knowledgeable of the ocean environment. Be able to spot rip currents, inshore holes, and ocean animals.
- Help instructors transition from different activities smoothly
- Help instructors with any safety concerns
- HAVE FUN!

Qualifications:

- 500 yard swim under 10 minutes
- 1 mile run for completion around the track
- Must have participated in a Junior Lifeguard program for at least one year
- Applicants must be between the ages of 15-17

Tryouts:

*Captain candidates will assist the lifeguards in running the IBJG tryouts from 12-3pm on Saturday April 16th, 2016. At the end of the IBJG tryouts, IBJG captain candidates will complete their timed 500 yard swim. Following the swim, the candidate's will complete a mile run for completion around the track at Mar Vista High School. There will be interviews assigned immediately following the successful completion of the swim and the run. Interviews will be held at the Imperial Beach Lifeguard Headquarters and each interview will be approximately 20 minutes. Interviews will be assigned on a first come first serve basis to the individuals with the fastest swim and run times.

*There are six openings for the IBJG captain position. An additional two people will be put on the waitlist. This position is very competitive; we look forward to seeing you at the tryout!!

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*There will also be a twelve hour captain's training for selected captains. This training will be June 9th and 10th from 8:00 am to 2:00pm.

If you have any questions do not hesitate to contact the Imperial Beach Junior Lifeguard Coordinator, Michelle McDonald, at jrlifeguards@imperialbeachca.gov.

PLEASE COMPLETE THE CAPTAIN APPLICATION ON THE FOLLOWING PAGE

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2016 Imperial Beach Junior Lifeguard Captain Application

Name (Applicant): _____ DOB: _____

Address: _____

City: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Signature (Applicant): _____ Date: _____

Parent or Legal Guardian Name:

I, _____ as parent/guardian of this applicant, I approve the release of information to the Imperial Beach Junior Lifeguard (IBJG) program staff for the purpose of establishing my child's candidacy for the IBJG captain position. I agree to permit my child to be interviewed by IBJG program staff on April 16th. I also permit my child to participate in the 500 yard swim and one mile run for completion required to complete the tryout process.

Signature (Parent or Guardian): _____ Date: _____

Emergency Contact Phone Number (Name/Number):

1. _____

2. _____

Interview Information: Interviews will last approximately 20 minutes. Candidates should be prepared to answer a question about their experience, education, background and how it relates to the position of IBJG captain. Candidates should also be prepared to answer questions on how they would handle challenging and stressful situations with junior lifeguards, parents, lifeguards, and the public. The IBJG staff regrets that we have only a limited number of captain positions available and unfortunately some qualified candidates may not be offered positions.

Dates and Location: You must bring this completed application to the swim tryout at Mar Vista High School on April 16th at 12pm or you may drop it off prior to the tryout at the Imperial Beach Lifeguard Headquarters. If you have any questions, email us at jrlifeguards@imperialbeachca.gov.